

# Conference Programme

## PRE-CONFERENCE - SUNDAY 13TH SEPTEMBER 2026

17:00 - 18:00	AGM - Only open to NBE Members
18:00 - 20:00	Welcome Reception - Taking place in the Exhibition at the Hilton Birmingham Metropole

## CONFERENCE DAY ONE - MONDAY 14TH SEPTEMBER 2026

08:00 - 09:00	Registration, coffee & teas				
	Room: Sandringham				
09:00 - 09:15	<b>Welcome to NBE Conference 2025: Elevating Care: The Future of Safe Moving &amp; Handling</b> Sarah Thornton, Chair of NBE and NBE Conference Co-Directors				
09:15 - 10:00	<b>P1: Grounding Your Goals and Building Bolder Boundaries That Elevate Your Self-Care</b> Beth Stallwood, speaker, consultant, facilitator, coach, podcast host and author <b>Supported by Five</b>				SUPPORTED BY: 
10:00 - 10:45	<b>P2: Human Factors: Not About the Human</b> Dr Dawn Benson, Public speaker, Academic, Educator, Campaigner, Investigator, COO				
10:45 - 11:15	Morning break: coffee & tea served in the exhibition		<b>First time at conference?</b> Come and meet the NBE Board at an informal meet & greet at the NBE Hub in the exhibition foyer		
11:15 - 12:15	<b>Concurrent Session 1</b> - Please select from the following:				
Room: Sandringham	Room: Balmoral	Room: Warwick	Room: York	Room: Lancaster	Exhibition
C01: When the Plan Meets the Person  Lee Sherwood, Elevate Handling   SPONSORED BY FIVE	C02: Work as Imagined versus Work as Done: A Human Factors Perspective on Moving and Handling  Kerry Kemp, Ergonomist and Moving and Handling Service Lead; Joanne Barker, Senior Moving and Handling Wellbeing Practitioner; Charlotte Williams, Moving and Handling Wellbeing Practitioner, Walsall Healthcare NHS Trust	C03: Maximising Safe Practice with M&H Positioning Wedges  Amanda Wells, Moving, Handling & Ergonomics Co-ordinator, Care Plus Group	C04: Moving with Dignity V Emergency Handling: Who is right?  Melanie Furness, Moving with Dignity Team Manager, Norfolk County Council	C05: Using a Risk Matrix for Balanced Manual Handling Risk Assessment and Outcome Measurement  Elizabeth Hallows, Independent Moving and Handling Specialist and Chartered Physiotherapist and Julia Maclean, Independent Moving and Handling Specialist and Occupational Therapist	Browse the exhibition with the latest products and services on display.
Community		Community		Community	
Bariatric		Bariatric	Community	General Interest	
Acute			General Interest	Paediatric	
General Interest	General Interest	General Interest	General Interest		

12:15 - 12:30	15 minute turn around time				
ROOM:	Sandringham				
12:30 - 13:00	<b>P3: Understanding Postural Tone: Implications for Safe and Effective Moving and Handling Practice</b> Penny Townsend, Moving and Handling Consultant, Specialist Neuro Rehabilitation Physiotherapist				
13:00 - 14:00	Lunch served in the exhibition				
14:00 - 15:00	<b>Concurrent Session 2</b> - Please select from the following:				
<b>Sandringham</b>	<b>Balmoral</b>	<b>Warwick</b>	<b>York</b>	<b>Lancaster</b>	<b>Exhibition</b>
C06: Applying SEIPS in Practice  Dr Dawn Benson, Public speaker, Academic, Educator, Campaigner, Investigator, COO	C07: Managing Complex and Diverse Moving and Handling Situations  Kat Stafford, Clinical Advisor and Kirsty Ryan, Clinical Training Manager and Occupational Therapist, A1 Momentum  SPONSORED BY Tierco Healthcare Group	C08: Repositioning in Bed for the Solo Carer: Practical Techniques Using an In-Bed Repositioning System and Positioning Wedges  Julia Love, Manual Handling Advisor, LPS Training & Consultancy  SPONSORED BY: MIP	C09: What Have the Romans Ever Done for Us? (Can Artificial Intelligence Enhance the Work of Manual Handling Advisers?)  Carole Johnson, Freelance Manual Handling Adviser	C10: Tackling Musculoskeletal Disorders in Early Years and Primary Education  Lorna Taylor, Physiotherapist and Founder, Jolly Back	Browse the exhibition with the latest products and services on display.
		Community Bariatric Acute	Community Bariatric Acute	General Interest Paediatric	
	Community General Interest	General Interest	General Interest Paediatric		
15:00 - 15:30 Afternoon break: coffee & tea served in the exhibition					
15:30 - 16:30 <b>Concurrent Session 3</b> - Please select from the following:					
<b>Sandringham</b>	<b>Balmoral</b>	<b>Warwick</b>	<b>York</b>	<b>Lancaster</b>	<b>Exhibition</b>
C11: Evidence-based tools to assist you implement Optimal-Handed Care  Deborah Harrison, Consultant, Deborah Harrison Consultancy and Jo Webb, Occupational Therapist	C12: Breaking the Deconditioning Cycle: Scenario Based Approaches to Preventing Deconditioning Across the Care Pathway  Jeni Bryant, Clinical Nurse Specialist, Hywel Dda University Health Board and Kirsty McLelland, National Bariatric Lead, Medstrom  SPONSORED BY: Medstrom	C13: How patients can contribute in protecting the caregiver: the practice  Robrecht (Robby) Vandevyvere, RN & Ergonomist and Norbert Hattink, BSc. Physiotherapist & Founder of Niveb	C14: Innovative Hoisting Techniques in Panniculectomy: The Evolving Role of the Manual Handling Adviser in Bariatric Surgery  Martin Thomas, Strategic Manual Handling Adviser and Debbie Thomas, Manual Handling Trainer Adviser, Swansea Bay University Health Board	C15: Handling a person on the bed: available evidence and practical application  Elizabeth Hallows, Independent Moving and Handling Specialist and Chartered Physiotherapist and Julia Maclean, Independent Moving and Handling Specialist and Occupational Therapist	Browse the exhibition with the latest products and services on display.
Community Acute General Interest	Bariatric Acute General Interest	General Interest	Bariatric Acute General Interest	Paediatric Community General Interest	
16:30	End of Day One				
19:00	Drinks reception - Taking place in the reception area at Hilton Birmingham Metropole				
19:30	Conference Dinner and Awards - Taking place at the Hilton Birmingham Metropole				

# Conference Programme

## CONFERENCE DAY TWO - TUESDAY 15TH SEPTEMBER 2026

09:30 - 10:00 Registration, coffee & teas					
ROOM: Sandringham					
10:00 - 10:15 <b>Welcome to Day Two</b> Sarah Thornton, Chair of NBE and NBE Conference Co-Directors					
10:15 - 10:45 <b>P4: Title to follow</b> Anthony Bennett – Miracle Man – Inspirational & Motivational Speaker					
10:45 - 11:15 <b>P5: Historical Practices: Are we implementing avoidable harm?</b> Norma Findley, Head of Clinical Operations, A1 Momentum Sponsored by Seating Matters					
SUPPORTED BY: 					
11:15 - 11:45 Morning break: coffee & tea served in the exhibition					
11:45 - 12:45 <b>Concurrent Session 4</b> - Please select from the following:					
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
C16: Paediatric Assessment Pat Alexander, Director Alexander Handling Training	C17: The Power of Air – clinical application of air-assisted patient transfer solutions throughout the careflow  Carol Sinden, Global Director, Medical Affairs – Patient Handling and Hygiene, Arjo; Janet Copeland, UKI Product Manager - Patient Handling, Hygiene & Disinfection, Arjo; Lee Quickmire, Founder & Safe Patient Care Specialist, Jeenie Solutions  SPONSORED BY: Arjo	C18: Tone, Proprioception and Risk: Understanding Protective Responses in Moving and Handling  Danielle Paige, Director & Moving and Handling Practitioner, SupportiveAction	C19: What Do We Mean by "Allow the Person to Fall"?  Lee Dart, Lead Physiotherapist Henshaws College	C20: How the Sensory Systems can impact manual handling  Caroline Robinson, Senior Occupational Therapist, Essex County Council	Browse the exhibition with the latest products and services on display.
Paediatric	Community background-color: #FF8C00; color: white;">Bariatric background-color: #008000; color: white;">Acute	Community background-color: #008000; color: white;">Acute background-color: #FF69B4; color: white;">General Interest	Acute background-color: #FF69B4; color: white;">General Interest	Community background-color: #FF69B4; color: white;">General Interest	

12:45 - 13:45	Lunch served in the exhibition				
13:45 - 14:45	Concurrent Session 5 - Please select from the following:				
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
<p>C21: First-in-UK innovation: Automating Lateral Transfers in Radiology with Atle 180: Improving Staff Safety and Patient Experience</p> <p>Valerie Phillips, Moving and Handling Ergonomics Service Lead, Barts Health NHS Trust</p>	<p>C22: Lisclare and the 18 to 30 Club</p> <p>Keith McMurray, Sales Director, Lisclare</p> <p>SPONSORED BY: Lisclare</p>	<p>C23: Supporting Sex and Intimacy in Practice: Positioning, Moving and Handling, and Professional Boundaries</p> <p>Danielle Paige, Director &amp; Moving and Handling Practitioner, SupportiveAction</p>	<p>C24: To be announced</p>	<p>C25: Organisational Transformation in Moving and Handling Practice: Two Distinct Case studies Unlocking £1.45 Million in Savings</p> <p>Adam Ferry, Occupational Therapist, The Occupational Therapy Service</p>	<p>Browse the exhibition with the latest products and services on display.</p>
Acute	Community Bariatric General Interest	General Interest		Community General Interest	
14:45 - 15:15	Afternoon break: coffee & tea served in the exhibition				
15:15 - 16:15	Concurrent Session 6 - Please select from the following:				
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
<p>C26: Rethinking Bariatric Repositioning: Integrating Body Habitus, Biomechanics, and Ergonomics</p> <p>Anita Rush, Bariatric Consultant &amp; Ergonomist, NHS Professionals and Mark Ripley RGN Director of Education (Ethos) Direct Healthcare Honorary Lecturer, University of Liverpool</p>	<p>C27: Art or Science? Exploring Sling Selection in Hoisting Practice</p> <p>Prof Mike Fray, Chairman, Loughborough Alumni Research Forum (LARF)</p>	<p>C28: To be announced</p>	<p>C29: Beyond Technique: Using virtual Reality to Teach Bariatric Moving and Handling Decision-Making, Safety, and Dignity</p> <p>Dr Caz Hales, Associate Professor, Victoria University of Wellington; Tracey Carr, Consultant, Fat Lot She Knows</p>	<p>C30: To be announced</p>	<p>Browse the exhibition with the latest products and services on display.</p>
Bariatric Community Acute General Interest	Community Bariatric Acute General Interest Paediatric		Bariatric		
16:15 - 16:20	5 minute turn around time				
ROOM:	Sandringham				
16:20 - 16:30	Closing session - reflection on the two days, prize giving PLUS our 'In it to win it' competition! Attend the last session and be in with a chance to win a ticket to next years conference!				
16:30	End of Conference				