



MOVING & HANDLING
AWARENESS DAY

11th
June

DID YOU KNOW...

Effective moving and handling training and education don't stop in the classroom.

Learning happens every day - through training, practice, reflection, supervision and shared experience. It's not just the responsibility of trainers. **It's everyone's responsibility.**



Want to learn more and see how you can help reduce these numbers? Visit www.nationalbackexchange.org or scan the QR code.



Supporters:



What can you do?



MOVING & HANDLING
AWARENESS DAY

11th
June

✓ See learning as ongoing, not one-off

Classroom training and education provides a foundation. Competence is developed and sustained through everyday practice.

✓ Take responsibility for our own learning

Everyone has a role in developing and maintaining their knowledge, skills and confidence - and in seeking support when needed.

✓ Put learning into practice

Training and education only improves outcomes when it is applied in real situations, not left in the classroom.

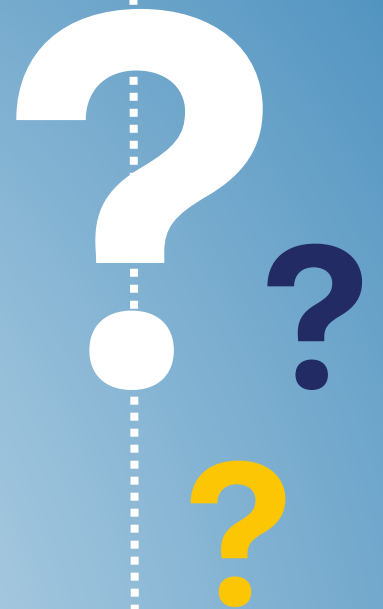
✓ Support learning in the workplace

Supervision, coaching, reflection and peer learning help embed safe and effective practice.

✓ Create a learning culture

Encourage shared learning, curiosity and constructive challenge - not blame.

**Learning doesn't stop when training ends
- it starts when practice begins.**



Source: CQC, Regulation 18; Skills for Care, Workforce development and learning culture guidance; WHO, Continuing professional development and learning health systems.