



NBE Conference programme 2026 - DRAFT - Please note this programme is subject to change

Pre-Conference - Sunday 13th September

18:00 - 20:00	Join us for welcome drinks and early registration
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DAY ONE - Monday 14th September

08:00	Registration, coffee & teas					
09:00	Welcome to NBE Conference 2026 Sarah Thornton, Chair of NBE and NBE Conference Directors					
09:15	P 1: Grounding Your Goals and Building Bolder Boundaries That Elevate Your Self-Care - SPONSORED BY FIVE Beth Stallwood, speaker, consultant, facilitator, coach, podcast host and author					
10:00	P2: Human Factors Dr Dawn Benson, Public speaker, Academic, Educator, Campaigner, Investigator, COO					
10:45	Morning break: coffee & tea served in the exhibition					
11:15	Please select from the following concurrent sessions:					
ROOM:	Sandringham	Balmoral	Warwick	York	Lancaster (theory only)	Exhibition
SPEAKER:	C01: Lee Sherwood, Elevate Handling	C02: Kerry Kemp, Walsall Healthcare NHS	C03: Amanda Wells, Care Plus Group	C04: Melanie Furness, Norfolk County	C05: Elizabeth Hallows, Independent	Browse the exhibition with the latest products and services on display.
SESSION TITLE:	When the Plan Meets the Person	Work as Imagined versus Work as Done: A Human Factors Perspective on Moving and Handling	Maximising Safe Practice with M&H Positioning Wedges	Moving with Dignity V Emergency Handling: Who is right?	Using a risk matrix to support the balanced and reasoned assessment of risk from hazards associated with the manual handling of individuals who need	
THEME:	THEORY Community / Acute / Bariatric / General Interest	General Interest	Community / Bariatric / General Interest	Community / General Interest	THEORY - Community / Paediatric / General Interest	
12:15	15 minute turnaround					
12:30	P3: Penny Townsend, Moving and Handling Consultant, Specialist Neuro Rehabilitation Physiotherapist Understanding Postural Tone: Implications for Safe and Effective Moving and Handling Practice					
13:00	Lunch and exhibition					
14:00	Please select from the following concurrent sessions:					
ROOM:	Sandringham	Balmoral	Warwick	York	Lancaster (theory only)	Exhibition
SPEAKER:	C06: Dawn Benson	C07: Kirsty Ryan, A1 Momentum	C08: Julia Love, LPS Training &	C09: Carole Johnson, Freelance	C10: Lorna Taylor, Jolly Back	Browse the exhibition with the latest products and services on display.
SESSION TITLE:	Human Factors	Managing Complex and Diverse Moving and Handling Situations	Repositioning in Bed for the Solo Carer: Practical Techniques Using an In-Bed Repositioning System and Positioning Wedges	What Have the Romans Ever Done for Us? (Can Artificial Intelligence Enhance the Work of Manual Handling Advisers?)	Tackling Musculoskeletal Disorders in Early Years and Primary Education	
THEME:		Community / General Interest	Community/ Acute / Bariatric / General Interest	THEORY - Community / Acute / Bariatric / Paediatric / General Interest	THEORY - Paediatric / General Interest	
15:00	Afternoon break: coffee & tea served in the exhibition					

15:30	Please select from the following concurrent sessions:					
ROOM:	Sandringham	Balmoral	Warwick	York	Lancaster (theory only)	Exhibition
SPEAKER:	C11: Pat Alexander, Director Alexander	C12: Emma Tarpey, Medstrom	C13: Robrecht (Robby) Vandevyvere	C14: Elizabeth Hallows, Independent	C15: Caroline Robinson	Browse the exhibition with the latest products and services on display.
SESSION TITLE:	Paediatric assessment	Breaking the Deconditioning Cycle: Scenario Based Approaches to Preventing Deconditioning Across the Care Pathway	How patients can contribute in protecting the caregiver: the practice	Handling a person on the bed: available evidence and practical application	How the Sensory Systems can impact manual handling	
THEME:	Paediatric	Acute / Bariatric / General Interest	General Interest	THEORY - Community / Paediatric / General Interest	THEORY - Community / General Interest	
16:30	End of day one					

DAY TWO - Tuesday 15th September

09:30	Registration, coffee & teas					
09:50	Welcome to Day Two Sarah Thornton, Chair of NBE and NBE Conference Directors					
10:00	P4: Title TBC Anthony Bennett – Miracle Man – Inspirational & Motivational Speaker					
10:45	P5: Historical Practices: Are we implementing avoidable harm? Norma Findley, Head of Clinical Operations, A1 Momentum - sponsored by Seating Matters					
11:15	Morning Refreshments and Exhibition					
11:45	Please select from the following concurrent sessions:					
ROOM:	Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
SPEAKER:	C16: Anita Rush, NHS Professionals	C17: Carol Sinden, Arjo	C18: Danielle Paige, SupportiveAction	C19: Lee Dart, Henshaws College	C20: SESSION TO BE ANNOUNCED	Browse the exhibition with the latest products and services on display.
SESSION TITLE:	Rethinking Bariatric Repositioning: Integrating Body Habitus, Biomechanics, and Ergonomics	The Power of Air – clinical application of air-assisted patient transfer solutions throughout the careflow	Tone, Proprioception and Risk: Understanding Protective Responses in Moving and Handling	What Do We Mean by “Allow the Person to Fall”?		
THEME:	Community / Acute / Bariatric / General Interest	Community / Acute / Bariatric	Community / Acute / General Interest	THEORY - Acute / General Interest		
12:45	Lunch and exhibition					
13:45	Please select from the following concurrent sessions:					
ROOM:	Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
SPEAKER:	C21: Valerie Phillips, Barts Health NHS	C22: Keith McMurray, Lisclare	C23: Martin Thomas	C24: Adam Ferry, The Occupational	C25: Adam Ferry, The Occupational	Browse the exhibition with the latest products and services on display.
SESSION TITLE:	First-in-UK innovation: Automating Lateral Transfers in Radiology with Atle 180: Improving Staff Safety and Patient Experience	Lisclare and the 18 to 30 Club	Innovative Hoisting Techniques in Panniculectomy: The Evolving Role of the Manual Handling Adviser in Bariatric Surgery	Organisational Transformation in Moving and Handling Practice: Two Distinct Case studies Unlocking £1.45 Million in Savings	Organisational Transformation in Moving and Handling Practice: Two Distinct Case studies Unlocking £1.45 Million in Savings	
THEME:	THEORY - Acute	Community / Bariatric / General Interest	THEORY - Acute / Bariatric / General Interest	THEORY - Community / General Interest	THEORY - Community / General Interest	
14:45	Afternoon Refreshments and Exhibition					

15:15	Please select from the following concurrent sessions:					
ROOM:	Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
SPEAKER:	C26: Deborah Harrison, Consultant	C27: Mike Fray, Loughborough Alumni	C28: Danielle Paige, SupportiveAction	C29: Caz Hales, Victoria University of	C30: SESSION TO BE ANNOUNCED	Browse the exhibition with the latest products and services on display.
SESSION TITLE:	Evidence-based tools to assist you implement Optimal-Handed Care	Art or Science? Exploring Sling Selection in Hoisting Practice	Supporting Sex and Intimacy in Practice: Positioning, Moving and Handling, and Professional Boundaries	Beyond Technique: Using virtual Reality to Teach Bariatric Moving and Handling Decision-Making, Safety, and Dignity		
THEME:	THEORY - Community / Acute / General Interest	Community / Acute / Bariatric / Paediatric / General Interest	General Interest	THEORY - Bariatric		
16:15	Closing session - reflection on the two days, prize giving PLUS our 'In it to win it' competition! Attend the last session and be in with a chance to win a ticket to next years conference!					
16:30	End of conference					