

Conference Programme

PRE-CONFERENCE - SUNDAY 13TH SEPTEMBER 2026

17:00 - 18:00	AGM - Only open to NBE Members
18:00 - 20:00	Welcome Reception - Taking place in the Exhibition at the Hilton Birmingham Metropole

CONFERENCE DAY ONE - MONDAY 14TH SEPTEMBER 2026

08:00 - 09:00	Registration, coffee & teas				
	Room: Sandringham				
09:00 - 09:15	Welcome to NBE Conference 2025: Elevating Care: The Future of Safe Moving & Handling Sarah Thornton, Chair of NBE and NBE Conference Co-Directors				
09:15 - 10:00	P1: Grounding Your Goals and Building Bolder Boundaries That Elevate Your Self-Care Beth Stallwood, speaker, consultant, facilitator, coach, podcast host and author Supported by Five				SPONSORED BY: 
10:00 - 10:45	P2: Human Factors: Not About the Human Dr Dawn Benson, Public speaker, Academic, Educator, Campaigner, Investigator, COO				
10:45 - 11:15	Morning break: coffee & tea served in the exhibition		First time at conference? Come and meet the NBE Board at an informal meet & greet at the NBE Hub in the exhibition foyer		
11:15 - 12:15	Concurrent Session 1 - Please select from the following:				
Room: Sandringham	Room: Balmoral	Room: Warwick	Room: York	Room: Lancaster	Exhibition
C01: When the Plan Meets the Person Lee Sherwood, Manual Handling Consultant, Elevate Handling SPONSORED BY FIVE	C02: Work as Imagined versus Work as Done: A Human Factors Perspective on Moving and Handling Kerry Kemp, Ergonomist and Moving and Handling Service Lead; Joanne Barker, Senior Moving and Handling Wellbeing Practitioner; Charlotte Williams, Moving and Handling Wellbeing Practitioner, Walsall Healthcare NHS Trust	C03: Maximising Safe Practice with M&H Positioning Wedges Amanda Wells, Moving, Handling & Ergonomics Co-ordinator, Care Plus Group	C04: Moving with Dignity V Emergency Handling: Who is right? Melanie Furness, Moving with Dignity Team Manager, Norfolk County Council	C05: Using a Risk Matrix for Balanced Manual Handling Risk Assessment and Outcome Measurement Elizabeth Hallows, Independent Moving and Handling Specialist and Chartered Physiotherapist and Julia Maclean, Independent Moving and Handling Specialist and Occupational Therapist	Browse the exhibition with the latest products and services on display.
Community		Community		Community	
Bariatric		Bariatric	Community	General Interest	
Acute			General Interest	Paediatric	
General Interest	General Interest	General Interest			

12:15 - 12:30	15 minute turn around time				
ROOM:	Sandringham				
12:30 - 13:00	P3: Understanding Postural Tone: Implications for Safe and Effective Moving and Handling Practice Penny Townsend, Moving and Handling Consultant, Specialist Neuro Rehabilitation Physiotherapist				
13:00 - 14:00	Lunch served in the exhibition				
14:00 - 15:00	Concurrent Session 2 - Please select from the following:				
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
C06: Applying SEIPS in Practice Dr Dawn Benson, Public speaker, Academic, Educator, Campaigner, Investigator, COO	C07: Managing Complex and Diverse Moving and Handling Situations Kat Stafford, Clinical Advisor and Kirsty Ryan, Clinical Training Manager and Occupational Therapist, A1 Momentum SPONSORED BY A1 Momentum	C08: Repositioning in Bed for the Solo Carer: Practical Techniques Using an In-Bed Repositioning System and Positioning Wedges Julia Love, Manual Handling Advisor, LPS Training & Consultancy SPONSORED BY: MIP	C09: What Have the Romans Ever Done for Us? (Can Artificial Intelligence Enhance the Work of Manual Handling Advisers?) Carole Johnson, Freelance Manual Handling Adviser	C10: To be announced	Browse the exhibition with the latest products and services on display.
	Community	Community	Community		
	General Interest	Bariatric	Bariatric		
		Acute	Acute		
		General Interest	General Interest		
		Paediatric	Paediatric		
15:00 - 15:30	Afternoon break: coffee & tea served in the exhibition				
15:30 - 16:30	Concurrent Session 3 - Please select from the following:				
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
C11: Evidence-based tools to assist you implement Optimal-Handed Care Deborah Harrison, Consultant, Deborah Harrison Consultancy and Jo Webb, Occupational Therapist	C12: Breaking the Deconditioning Cycle: Scenario Based Approaches to Preventing Deconditioning Across the Care Pathway Jeni Bryant, Clinical Nurse Specialist, Hywel Dda University Health Board; Emma Tarpey, National Clinical Specialist for Deconditioning Prevention; Kirsty McLelland, National Bariatric Lead, Medstrom SPONSORED BY: Medstrom	C13: How patients can contribute in protecting the caregiver: the practice Robrecht (Robby) Vandevyvere, RN & Ergonomist and Norbert Hattink, BSc. Physiotherapist & Founder of Niveb	C14: Innovative Hoisting Techniques in Panniculectomy: The Evolving Role of the Manual Handling Adviser in Bariatric Surgery Martin Thomas, Strategic Manual Handling Adviser and Debbie Thomas, Manual Handling Trainer Adviser, Swansea Bay University Health Board	C15: Handling a person on the bed: available evidence and practical application Elizabeth Hallows, Independent Moving and Handling Specialist and Chartered Physiotherapist and Julia Maclean, Independent Moving and Handling Specialist and Occupational Therapist	Browse the exhibition with the latest products and services on display.
Community	Bariatric		Bariatric	Paediatric	
Acute	Acute		Acute	Community	
General Interest	General Interest	General Interest	General Interest	General Interest	
16:30	End of Day One				
19:00	Drinks reception - Taking place in the reception area at Hilton Birmingham Metropole				
19:30	Conference Dinner and Awards - Taking place at the Hilton Birmingham Metropole				

Conference Programme

CONFERENCE DAY TWO - TUESDAY 15TH SEPTEMBER 2026

09:30 - 10:00 Registration, coffee & teas					
ROOM: Sandringham					
10:00 - 10:15 Welcome to Day Two Sarah Thornton, Chair of NBE and NBE Conference Co-Directors					
10:15 - 10:45 P4: Miracle Man: Mobilisation and Mindset Anthony Bennett – Miracle Man – Inspirational & Motivational Speaker					
10:45 - 11:15 P5: Historical Practices: Are we implementing avoidable harm? Norma Findley, Head of Clinical Operations, A1 Momentum Sponsored by A1 Momentum					
SPONSORED BY: 					
11:15 - 11:45 Morning break: coffee & tea served in the exhibition					
11:45 - 12:45 Concurrent Session 4 - Please select from the following:					
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
C16: Paediatric Assessment Pat Alexander, Director Alexander Handling Training	C17: The Power of Air – clinical application of air-assisted patient transfer solutions throughout the careflow Carol Sinden, Global Director, Medical Affairs – Patient Handling and Hygiene, Arjo; Janet Copeland, UKI Product Manager - Patient Handling, Hygiene & Disinfection, Arjo; Lee Quickmire, Founder & Safe Patient Care Specialist, Jeenie Solutions SPONSORED BY: Arjo	C18: Tone, Proprioception and Risk: Understanding Protective Responses in Moving and Handling Daniele Paige, Director & Moving and Handling Practitioner, SupportiveAction	C19: What Do We Mean by "Allow the Person to Fall"? Lee Dart, Lead Physiotherapist Henshaws College	C20: How the Sensory Systems can impact manual handling Caroline Robinson, Senior Occupational Therapist, Essex County Council	Browse the exhibition with the latest products and services on display.
Paediatric	Community Bariatric Acute	Community Acute General Interest	Acute General Interest	Community General Interest	

12:45 - 13:45	Lunch served in the exhibition				
13:45 - 14:45	Concurrent Session 5 - Please select from the following:				
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
C21: First-in-UK innovation: Automating Lateral Transfers in Radiology with Atle 180: Improving Staff Safety and Patient Experience Valerie Phillips, Moving and Handling Ergonomics Service Lead, Barts Health NHS Trust	C22: Lisclare and the 18 to 30 Club Keith McMurray, Sales Director, Lisclare SPONSORED BY: Lisclare	C23: Supporting Sex and Intimacy in Practice: Positioning, Moving and Handling, and Professional Boundaries Daniele Paige, Director & Moving and Handling Practitioner, SupportiveAction	C24: To be announced	C25: Organisational Transformation in Moving and Handling Practice: Two Distinct Case studies Unlocking £1.45 Million in Savings Adam Ferry, Occupational Therapist, The Occupational Therapy Service	Browse the exhibition with the latest products and services on display.
Acute	Community Bariatric General Interest	General Interest		Community General Interest	
14:45 - 15:15	Afternoon break: coffee & tea served in the exhibition				
15:15 - 16:15	Concurrent Session 6 - Please select from the following:				
Sandringham	Balmoral	Warwick	York	Lancaster	Exhibition
C26: Rethinking Bariatric Repositioning: Integrating Body Habitus, Biomechanics, and Ergonomics Anita Rush, Bariatric Consultant & Ergonomist, NHS Professionals and Mark Ripley RGN Director of Education (Ethos) Direct Healthcare Honorary Lecturer, University of Liverpool	C27: Art or Science? Exploring Sling Selection in Hoisting Practice Prof Mike Fray, Chairman, Loughborough Alumni Research Forum (LARF)	C28: The safer and cost-effective way to reduce and treat pressure ulcers with comfort and dignity. Bruce Gutteridge, Designated Director of Sales & Marketing Hospital Direct SPONSORED BY: Hospital Direct	C29: Beyond Technique: Using virtual Reality to Teach Bariatric Moving and Handling Decision-Making, Safety, and Dignity Dr Caz Hales, Associate Professor, Victoria University of Wellington; Tracey Carr, Consultant, Fat Lot She Knows	C30: Tackling Musculoskeletal Disorders in Early Years and Primary Education Lorna Taylor, Physiotherapist and Founder, Jolly Back	Browse the exhibition with the latest products and services on display.
Bariatric Community Acute General Interest	Community Bariatric Acute General Interest Paediatric	Community Bariatric Acute General Interest	Bariatric	General Interest Paediatric	
16:15 - 16:20	5 minute turn around time				
ROOM:	Sandringham				
16:20 - 16:30	Closing session - reflection on the two days, prize giving PLUS our 'In it to win it' competition! Attend the last session and be in with a chance to win a ticket to next years conference!				
16:30	End of Conference				