



SESSION SYNOPSIS

KEYNOTE: The Art of Being Brilliant - Your wellbeing launchpad!

Jonathan Peach, Art of Brilliance



Session Type: Plenary

Welcome to our world famous keynote

Pre-COVID life was full-on; workplace restructures, rising customer expectations, uncertainty, long hours, 'busyness' and Brexit. Then the epidemic of exhaustion gave way to a pandemic and everything changed.

Overnight!

Totally uninvited, the 'new normal' moved in. It's brought its slippers! Looks like the damn thing's here to stay?

You 2.0

When the world's doing its worst, it's doubly important that you know how to be at your best! THE ART OF BEING BRILLIANT helps you shine by reconnecting you with you.

It acts as the cornerstone of any personal or organisational change programme. We use cutting edge research, but have surgically removed the big words and replaced them with simple, do-able principles that are applicable at work and home. We like to think of it as a personal upgrade that allows you to thrive no matter what the world throws at you.

THE ART OF BEING BRILLIANT is your competitive advantage. In plain simple English, we want this to be the best training you have ever had. Whisper it quietly, but it might even change your life?

Speaker biography:

Jonathan did that usual thing of spending decades working in leadership and consultancy roles where everything was just fine. Until one day it dawned on him that 'fine' probably wasn't anywhere near good enough? So he set about raising his personal bar to 'brilliant' and the rest, as they say, is history

He changed direction. Jonathan's calling was always to support people in achieving their true potential. He has a passion to help people achieve their dreams and believes that the only person stopping them from doing this is themselves.

He now spends most of his time partnering individuals, teams, teenagers, teachers, sportsmen and women, using a mix of coaching, training, NLP and facilitation. In short, he rids people of limiting beliefs and helps people get out of their own way! Jonathan co-wrote 'Leadership the Multiplier Effect' with Andy Cope and Mike Martin.

Jonathan is a learning junkie with an office full of books. His collection continues to grow because he keeps getting introduced to new ones that he must read. He was about to extend his office to accommodate the new books when the kids bought him a Kindle. Genius!

Jonathan has two kids. One of his daughters thinks his voice changes when he coaches her and is often heard saying, "Dad, you're using that coaching voice again. Stop it immediately!"