

## PRE-CONFERENCE - SUNDAY 26TH SEPTEMBER 2021

18:00 - 20:00	Welcome Reception
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## CONFERENCE DAY ONE - MONDAY 27TH SEPTEMBER 2021

8:00 - 09:00	Registration, coffee & teas					
09:00 - 09:15	<b>Welcome to NBE Conference 2021 'Back Together'</b> Simon Love, Chair, National Back Exchange					
09:15 - 10:15	<b>P1: Pressure ulcer prevention and patient handling/mobility</b> Jacqui Fletcher, Independent Wound Care Consultant, Senior Nurse Advisor, Stop the Pressure Programme (NHS Improvement)					
10:15 - 10:45 10:25 - 10:35	<b>Morning break: coffee &amp; tea served in the exhibition</b> <i>Innovation Hub: Launch Pad Session - STRYKER (Taking place in the London Suite)</i>					
10:45 - 11:30	<b>Concurrent Sessions</b> Please select from the following:					
ROOM:	Paris Suite (Main conf room)	Hansom Suite (Ground Floor)	Room 11 (First Floor)	Room 12 (First Floor)	Room 17 (Ground Floor)	Room 18 (Ground Floor)
	C01: Exploring Proning and postural issues for both patient and staff  Sharon Rindsland, Moving and Handling Senior Co-Ordinator, East Kent Hospitals and James Smith, Practitioner, Medway Hospital	C02: An accurate weight can help save a life  Gillian Taylor, Marsden Weighing Group Ltd  HOSTED BY MARSDEN WEIGHING GROUP	C03: Should training really help to Managing back pain? A Collaborative approach  Pam Simpson, Director, Work Fit Moving and Handling Solutions Ltd	C04: The Hygiene/Access Sling Assessment Tool (HASAT): International consensus approach to promote safe prescription.  Jo Webb, Specialist Occupational Therapist, Rehabilitation for Independence Deborah Harrison, A1 Risk Solutions	C05: Using the BMAT risk assessment tool to reduce the time taken to first mobilisation  Mike Fray, Loughborough University LU and Drayton O'Connor, Manchester University NHS Trust	C06: Quality Physical Health Care in Mental Health Settings - Meeting the challenge!  Sue Lenihan, Lead Moving and Handling Advisor, Loughborough University
11:30 - 11:40	Transfer time					
11:40 - 12:10	<b>P2: Bariatric issues on the back of the Pandemic that go on to affect patient mobilisation</b> James Smith, Senior Moving & Handling Practitioner and Sharon Rindsland, Moving and Handling Senior Co-Ordinator Trust Wide					<b>SUPPORTED BY STRYKER</b>
12:10 - 13:10 12:40 - 12:50	<b>Lunch served in the exhibition</b> <i>Innovation Hub: Launch Pad Session - Innova (Taking place in the London Suite)</i>					
13:10 - 14:10	<b>P3: HOP7 – Collaboration towards a person centered approach</b> Pam Simpson, Director, Work Fit Moving and Handling Solutions Ltd					

14:10 - 14:20	<b>Transfer time</b>					
14:20 - 15:05	<b>Concurrent Sessions</b> Please select from the following:					
ROOM:	Paris Suite (Main conf room)	Hansom Suite (Ground Floor)	Room 11 (First Floor)	Room 12 (First Floor)	Room 17 (Ground Floor)	Room 18 (Ground Floor)
	C07: Exploring Prone and postural issues for both patient and staff  Sharon Rindsland, Moving and Handling Senior Co-Ordinator, East Kent Hospitals and James Smith, Practitioner, Medway Hospital  SUPPORTED BY ARJO	C08: Prone Positioning – reducing caregiver injury and improving patient safety  Mary Muir, National Clinical Consultancy Manager Simon Saulis, Senior Product Sales Manager  SUPPORTED BY ARJO	C09: Should training really help to Managing back pain? A Collaborative approach  Pam Simpson, Director, Work Fit Moving and Handling Solutions Ltd	C10: The Hygiene/Access Sling Assessment Tool (HASAT): International consensus approach to promote safe prescription.  Jo Webb, Specialist Occupational Therapist, Rehabilitation for Independence Deborah Harrison, A1 Risk Solutions	C11: Using the BMAT risk assessment tool to reduce the time taken to first mobilisation  Mike Fray and Drayton O'Connor, Manchester University Hospital NHSFT	C12: Quality Physical Health Care in Mental Health Settings - Meeting the challenge!  Sue Lenihan, Lead Moving and Handling Advisor, Loughborough University
15:05 - 15:35 15:15 - 15:25	<b>Afternoon break: coffee &amp; tea served in the exhibition</b> <i>Innovation Hub: Launch Pad Session - Care &amp; Independence</i> (Taking place in the London Suite)					
15:35 - 16:35	<b>P4: The Brave New World – a possible future view</b> Mike Fray, Loughborough University LU					
16:35 - 16:45	<b>Transfer time</b>					
16:45 - 17:30	<b>Concurrent Sessions</b> Please select from the following:					
ROOM:	Paris Suite (Main conf room)	Hansom Suite (Ground Floor)	Room 11 (First Floor)	Room 12 (First Floor)	Room 17 (Ground Floor)	Room 18 (Ground Floor)
	C13. Comparison between manual CPR verses mechanical CPR on an air lifting device  James Smith, Practitioner, Medway Hospital  SUPPORTED BY STRYKER	C14: Practical Play - 'Off the floor'  Speaker to be announced	C15: Handle it, the right way  Christian Slingsby, HC Slingsby  HOSTED BY SLINGSBY	C16: How cognitive impairment can cause anxiety, fear and challenging behaviour during daily moving and handling tasks.  Jane Mosholm Vorting, Occupational Therapist Kristin Tornkvist, Occupational Therapist  HOSTED BY ETAC	C17: Could using the RQF be the solution to delivering standardised, quality training  Jason O'Flaherty and Stephen Stelfox, Mersey Care NHS Foundation Trust	C18: Resilience in home care support for older adults: quality and safety implications for moving and handling  Jan Healey, Doctoral researcher, Loughborough University Occupational Therapist, BSc(hons), MSc Ergonomics in health & community care
17:30	<b>End of day one</b>					
19:00	<b>Drinks reception</b>					
19:30	<b>Conference Dinner and Awards</b>					

## CONFERENCE DAY TWO - TUESDAY 28TH SEPTEMBER 2021

08:00 - 08:30	<b>Registration, coffee &amp; teas</b>					
08:30 - 08:45	<b>Welcome to Day Two</b> Pat Alexander, Consultant					
08:45 - 09:45	<b>P5: Manual Handling Equipment Training for Healthcare staff - Research Study</b> Philippa Fitzmaurice, Senior Health & Safety Manager, United Lincolnshire Hospitals NHS Trust Nottingham Trent University					
09:45 - 10:15 10:00 - 10:10	<b>Morning break: coffee &amp; tea served in the exhibition</b> <i>Innovation Hub: Launch Pad Session - Hillrom (Taking place in the London Suite)</i>					
10:15 - 10:45	<b>P6: Caring for your Back with Special Yoga</b> Kathryn Karuna Jackman, Special Yoga					
10:45 - 12:15	<b>Concurrent Sessions</b> Please select from the following:					
ROOM:	Paris Suite (Main conf room)	Hansom Suite (First Floor)	Room 11 (First Floor)	Room 12 (First Floor)	Room 17 (Ground Floor)	Room 18 (Ground Floor)
	C19: Practical Scenarios of Moving Plus-Size Patients in a Pandemic  Claire Mowbray, Manual Handling Advisor, The Hillingdon Hospitals NHS Foundation Trust and Clair Sharpe, Bariatric Product Specialist at Medstrom	C20: To tilt or not to tilt; that is the question  Gemma Holloway, Samantha Rooney, University Hospitals Birmingham NHS Foundation Trust; Joanna Swan, Birmingham City University	C21: Challenging behavior and appropriate use of restraint  Doug Melia, Safer Handling	C22: Moving and Handling in the Aviation Sector  Alison Meadows, Josh Wintersgill and Lois Lees, AMTD Able Move	C23: Practical Manual Handling Paediatrics  Carole Johnson Penny Townsend Pat Alexander, Consultant  Paediatric Session	ROOM NOT IN USE
12:15 - 13:15 12:20 - 12:30 12:40 - 12:50	<b>Lunch served in the exhibition</b> <i>Innovation Hub: Launch Pad Session - LINET UK (Taking place in the London Suite)</i> <i>Innovation Hub: Launch Pad Session - STRYKER (Taking place in the London Suite)</i>					
13:15 - 13:45	<b>P7: Development of Handling of Children second edition</b> Penny Townsend, Pat Alexander, Carole Johnson					Paediatric Session
13:45 - 14:15	<b>P8: Specialist Equipment Does Improve Patient Outcome</b> Yvonne Newell, Moving and Handling Expert, Salisbury NHS Foundation Trust					SUPPORTED BY LINET UK

14:15 - 14:45	<b>Afternoon break: coffee &amp; tea served in the exhibition</b>					
14:45 - 15:30	<b>Concurrent Sessions</b> Please select from the following:					
ROOM:	Paris Suite (Main conf room)	Hansom Suite (Ground Floor)	Room 11 (First Floor)	Room 12 (First Floor)	Room 17 (Ground Floor)	Room 18 (Ground Floor)
	<p>C24: Musculoskeletal Health and Wellbeing in Schools (Educators and Children)</p> <p>Lorna Taylor, Physiotherapist and Founder, Jolly Back</p>	<p>C25: Patient Experience of Moving and Handling in Adult General Hospitals</p> <p>Marlene Murty, Faculty of Health Sciences and Sport, University of Stirling</p>	<p>C26: Managing risk – reducing injuries and liability costs within the Mortuary</p> <p>Sharon Rindsland, Senior Manual Handling Co-Ordinator Trust Wide</p>	<p>C27: Introduction to accessible chair yoga</p> <p>Kathryn Karuna Jackman, Special Yoga</p>	<p>C28: Finding the evidence</p> <p>Pat Alexander, Consultant</p>	<p>C29: Low Bone Mineral Density in Children and Young People with Neurodisability – Are we managing the risk of fracture?</p> <p>Angela Wing, Association Clinical Lead of Operations Paediatric and Adult LD Physiotherapy, Betsi Cadwalder University Health Board</p>
	Paediatric Session					Paediatric Session
15:30 - 15:40	<b>Transfer time</b>					
15:40 - 16:10	<b>P9: Session to be announced</b>					
16:10 - 16:30	<b>Closing remarks</b> - includes conference awards and 'in it to win it' competition! Simon Love, Chair, National Back Exchange					
16:30	<b>End of Conference</b>					