

# Foundations of Practice and Beyond

## Plenary 2

Monday 1330

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## Safer Ways of Working when moving a challenging patient to and from seclusion

### Biography

#### Abstract

This workshop will discuss and highlight a study that was carried out in a medium secure unit following an examination of data related to accidents and incidents, this data demonstrated high incidences of muscular skeletal injuries related to moving challenging patients. It relates specifically to the area of handling the challenge of working in specific areas of people and load management practice

During the examination of the data and subsequent examination of the current evidence base it quickly became apparent that staff were using outdated practices that the research base suggest were high risk in nature.

As a means of ensuring that techniques were as safe as possible the author set out to look at what type of techniques could be developed that would minimise the risk of injury to staff, in simple terms this was back to basics, what was happening, when was it happening, why was it happening and under what conditions.

At the same time a range of equipment was also examined, the author settling on a system known as the evacuation system.

The workshop will explore the techniques that staff were using,, identifying the risk factors related to injury patterns and examine the safer alternative ways of working that were subsequently introduced as a means of ensuring that staff can work in an environment that is as a safe as is reasonably practicable.

Participants will have an opportunity to use the implemented equipment in small group workshops.