

Foundations of Practice and Beyond

Monday

Stream G

Session 3 1615

Wednesday

Stream A

Session 6 0930



Nordic Care

Methods of Managing Challenging Behaviour

Abstract

Patients exhibiting challenging behaviour fall into three broad groups: Passive; positive active; and negative active. This workshop focuses on the third group, demonstrating a range of manual handling solutions based on the use of minimal strength allied to maximal care and safety for both patient and carer. Techniques for avoiding the onset of 'negative active' behaviour will be dealt with together with proven methods of handling such behaviour without resorting to overly-forceful methods. Both theoretical and practical aspects of manual handling techniques will be explored and specific problems raised by participants are welcomed. The workshop tutor, Hakan Skenhede, is a former pupil of Kurt Durewall, founder of the Durewall Institute, and is senior instructor at RoMedic/Handicare in Sweden.