

Foundations of Practice and Beyond

Tuesday

Stream F

Session 4 1330

Session 5 1430



Amanda Parker

Black, Boorman and me – Developing Health & Wellbeing strategy within your organisation

Biography

Amanda has worked as a Back Care Advisor since 1996 and currently is the Back Care Advisor of Derby Hospitals NHS Foundation Trust. Amanda originally trained as a physiotherapist and has worked within the acute, community and independent settings. Amanda graduated from Loughborough University in 2009 with an MSc in Back Care Management.

Amanda is the Chair of the Derbyshire Inter-Agency Group who have recently published the 2nd edition to the guide Care Handling for People in Hospital, Community and Educational Settings. She has worked with NHS Employers in developing the Back in Work Back Pack with specific reference to the Workplace and Individual Assessment Tool and continues to work with them on the development of Training Standards.

Amanda has been involved with the development of Health and Wellbeing Strategy within Derby Hospitals NHS Foundation Trust for the past 18 months. This has included the creation of a multidisciplinary Workplace Health Group and development a single workplace assessment referral form, assessment proformas, workplace equipment bank and post intervention audits. Amanda is also part of the NBE group looking at current political issues with specific reference to Health and Well being guidance

Abstract

The role of a Back Care Advisor within an organisation can be varied and diverse, ranging from purely a training role to a strategic lead in musculoskeletal health of the staff within the organisations. This session will explore one of the holistic roles of a Back Care Advisor in developing a Health & Wellbeing strategy.

If you have been involved with the development of a Health and Wellbeing strategy within your organisation you will be aware of the plethora of reports that have been released in recent years to support these developments.

- The Black Report - Working for a Healthier Tomorrow
- Government Response - Improving Health & Work Changing Lives
- NHS Constitution
- The Boorman Review - NHS Health & Well-Being

If you have not, then this session will summarise them and point you in the right direction for further details.

Even if you are not familiar with these reports, guidance which we are more familiar with including the Health and Safety Executive, NHS Litigation Authority, risk management and

governance guidance, can be looked at in a different light to support this Health and Wellbeing agenda.

Derby Hospitals NHS Foundation Trust (DHFT) applied for the government Fit for Work pilot site initiative, and although unsuccessful at the last stage of selection, the trust decided to embark on the development of it's own Health and Wellbeing Strategy.

This involved the creation of DHFT Workplace Health Group and this session will illustrate the importance of cultivating a proactive group and to gain 'buy-in' from Board level. It will explain the generic business case that was utilised, discuss the information that was used to populate it, and consider the lessons learnt by writing DHFT Health and Wellbeing business case.

An outline of the services that DHFT had prior to this initiative and the development of Health & Wellbeing services and the future Health and Wellbeing vision in DHFT will also be discussed.

The presentation will also illustrate paperwork that has been developed for the strategy including a single workplace assessment referral form, assessment proformas, workplace equipment bank and post intervention audits.