

Foundations of Practice and Beyond

Tuesday

Stream G

Session 4 1330

Session 5 1430



Alison Shearsmith

Safer Manual Handling Practice and Sailing – sailing with a disabled crew on a tall ship of the Jubilee Sailing Trust

Biography

I have been working in the specialist field of manual handling in various posts including as a trainer and a health and safety training manager since the year 2000. I am currently a Back Care Advisor for the Worcestershire Mental Health Partnership Trust & Primary Care Trust, responsible for all aspects of manual handling within the county.

In the last 8 years I have served as Chair of the Northern Group of NBE and written two articles which have been published in the Column. I have also presented two concurrent sessions at Conference.

I am a Partner of the HPC and sit on Conduct & Competence and Registration Panels.

I am currently studying for a Masters Degree in Coaching & Mentoring Practice at Oxford Brookes University.

My main hobby is crewing on tall ships with disabled people. You can find an article I wrote on this subject in Column vol.17.2 May 2005.

Abstract

Objectives:

By the end of the session delegates will:

- Understand the legislative differences between manual handling on land and at sea.
- Be able to compare and contrast manual handling risk assessments in use on land with those put into practice at sea.
- Have a clear understanding of the practical issues and problems associated with providing safer manual handling at sea.
- Be knowledgeable about the Jubilee Sailing Trust and feel confident to recommend it to able-bodied and disabled patients, friends, family and colleagues in order to address issues such as quality of life, confidence and self esteem.

Outline of issues to be addressed:

- Legislative requirements
- Risk Assessment
- Manual handling equipment
- Accessibility

There will also be a question and answer session led by a wheelchair user who is a regular crew member on the tall ships.

Of interest to all those employed in the manual handling field. It will be particularly relevant to those working with people with a physical disability.