



SESSION

Monday C 4.15 pm

and

Wednesday C 1.00 pm

Pat Alexander

MSc LPD PGCE MCSP CMIOSH

Pat Alexander : Pat has worked in a variety of health care settings, a general hospital, with children with cerebral palsy under Dr Bobath, in a mental health hospital, in the community and as a Back Care Adviser for the NHS, and now is a Consultant Back Care Adviser.



Pat has studied and gained post-graduate awards in Physiotherapy and Occupational Health. She has an MSc in Physiotherapy with her research on Risk Management of manual handling in Community Nursing. She has gained a post graduate certificate and Diploma in Back Care from Loughborough University and a post-graduate certificate in Education. She is also a Registered Member of National Back Exchange. Pat devises courses at all levels, for care staff, assessors, Key Trainers and Management. She has been involved in writing manual handling policies and in strategic planning in manual handling matters. She provides a service of manual handling risk assessments in hospitals and the community, and provides training in risk management and manual handling to teach staff strategies to ensure that their safety is compatible with the safety and needs of their clients. She teaches on under and post-graduate at several universities and is a tutor for the Disabled Living Foundation in London and the British Safety Council. She has contributed to several authoritative texts in manual handling.

Pat also works as an expert witness in lifting injuries, including for the HSE.

Publications include:-

Contributed to *Interprofessional curriculum* , (National Back Exchange 1994)
Adviser on *Interprofessional Curriculum Framework for Back Care Advisers* (National Back Exchange 1997)

Chapter 19 Handling Babies and Young Children in *Guide to the Handling of Patients*, 4th Edition 1997 (RCN/NBPA)

Risk Management in manual handling for community nurses. *Contemporary Ergonomics* 1998 (Taylor and Francis)

Co-author Guidance on manual handling for Chartered Physiotherapists for CSP, February 2nd edition 2002., editor 3rd edition (2008)

Co-author *Evidence Based Patient Handling: Tasks, Equipment and Interventions*. Routledge 2002

Co-author *Guide to the Handling of People (5th edition)* RCN/BackCare 2005

Exploring the Legal Minefield

This workshop will allow delegates to understand the legal implications of Recording all details of risk assessments and training. Group exercises will identify the problems encountered when defending a case, and the plenary session will provide relevant feedback. Guidance will be given in report writing, and the possibility of a "hostile report" discussed. This workshop would suit those required to investigate an accident in their own workplace, or those interested in writing an Expert Report.