

## Håkan Skenhede

**Håkan Skenhede:** With a background in mechanical engineering and marshal arts, Håkan came into the manual handling field 20 years ago, working at Saab in Sweden on 'ergonomic solutions in the working environment'. Thereafter, with a keen interest in the subject, an education at the Kurt Durewall Institute (Manual Handling School) followed. This training resulted in a job offer to teach physiotherapists and occupational therapists destined to become manual handling instructors. The last 17 years has been spent with RoMedic in Sweden, responsible both for a geographical area and also as an international instructor as well as developing teaching materials. Håkan says his challenge has always been "to provide a safe and sound manual handling technique that activates the user whenever possible".



## Aspects of Safe Post-Trauma 'Sit to Stand' Procedure

### Abstract (C1.30pm)

We frequently assist a person to stand who has not been standing for a while. This may be due to illness, post-operation restrictions or a required period of rehabilitation. To activate a person involves risk. The main risk is due to the uncertainty of the person's general ability, strength and balance. In this workshop/seminar we will examine the surrounding problems and demonstrate safe ways to activate the person without compromising the service user or the carer. We will look at transfers from lying to sitting to standing etc.

## Natural Patterns of Movement

### Abstract (C 2.30pm)

To follow the 'natural pattern of movement' during a transfer is today internationally accepted. We will examine in this session what exactly we mean by this phrase as several views exist. We will demonstrate different applications of 'natural patterns of movement' during different transfer scenarios to get an understanding of the importance and implications of the concept for an active person, an unconscious/anaesthetised person and for care staff.