



**Exhibitor Interactive Workshop**  
**Wednesday**  
**A 9.30 am and B 11.00 am**

## **ARJO MED AB**

### **THE HANDBOOK OF TRANSFERS – A PRACTICAL TOOL**

Sara Thomas DipCOT PGD S.R.O.T. will be leading the Arjo seminar and introducing The Handbook of Transfers, an exciting new product from Arjo/Corpus UK. Detailing principles of safe handling and providing pragmatic examples of safer handling techniques. The Handbook is an essential manual handling reference tool for any clinician or back care advisor.

The Handbook of Transfers has been adapted from the very successful 'Transfers Manual' (Hanneke JJ Knibbe 2005) originally developed by Corpus and LOCOMotion research agency in Holland. This UK version has been written with direct reference to relevant UK legislation such as the Manual Handling Operations Regulations (1992) and the Management of Health and Safety at Work Regulations (1998). Consideration has also been given to the most current professional guidance, such as that published by the Royal College of Nursing (1996), The College of Occupational Therapy (2006) and the Chartered Society of Physiotherapy (2008).

Between the Royal College of Nursing publication of 'The Handling of Patients, A Guide for Nurse Managers' (RCN 1981) and the publication of the latest '5<sup>th</sup> Edition of the Guide to Handling of People' (Smith 2005), much has changed within the sphere of manual handling. Rather than the dogmatic use of prescriptive techniques, expert consensus now suggests that transfer techniques should consider a more principle based approach (Smith 2005). Such an approach acknowledges the need for carers to adapt techniques to meet individual circumstances and consider the individual person as central to the risk assessment and decision making process.

This 'Handbook of Transfers' explicitly incorporates the quality of care of the person in addition to providing pragmatic advice and examples of safer handling practices.

This Handbook has been designed for use by the clinician in direct contact with the person needing assistance and suggests many transfer techniques which may be

utilised in a variety of clinical settings such as home care, acute care and care homes. However, what must be stressed is the need for the clinician to undertake a suitable and sufficient risk assessment (following the T.I.L.E approach) prior to any decision being made or technique being chosen. Indeed to assist the clinician with the choice of transfer method each transfer has been evaluated using the measurement tools as used in the 5<sup>th</sup> Edition to the guide to Handling People. Smith (2005).

In addition to being used at 'workplace level' the Handbook may also be used by the Back Care Advisor to assist the development of workplace guidelines and standards of manual