I have been asked several times about some of the evidence for touch with people with dementia have a look at http://www.namastecare.com/publications.html “Finally, CH staff reported that residents gained weight with Namaste, that infection rates fell, and that there were fewer falls and ‘incidents’. Future research should collect evidence to verify such claims.”

HEALTH WARNING!!

AS WE ARE CHALLENGING BOUNDARIES YOU SHOULD KEEP A REFLECTIVE DIARY FOR THIS CONFERENCE ON THE THINGS THAT CHALLENGE YOUR BOUNDARIES ~ THIS IS BEING MINDFUL ON WHY YOU THINK WHAT YOU THINK ~ I HOPE YOU LEARN SOMETHING ABOUT YOURSELF AND SO LIFE WILL NEVER BE THE SAME AGAIN.

OVERVIEW

- What are boundaries?
- How boundaries maybe measured?
- Who sets boundaries?
- Touch and the effects on the endocrine system
- Touch and the skin
- Touch in cultures
- Touch and our work
TRY THIS!!

‣ What are boundaries?
Who sets boundaries?

Touch and the effects on the endocrine system

TOUCH AND OUR WORK

LETS TRY THIS AGAIN!
Gladys Wilson and Naomi Feil

“TOUCH SEEMS TO BE AS ESSENTIAL AS SUNLIGHT”

DIANA ACKERMAN